

## VOLUNTEER PROJECT SUPPORT WORKER

### KEY RESPONSIBILITIES

This is an exciting opportunity to support The Lenton Centre in the organisation and delivery of various community activities, including:

- Exercise classes and social activities tailored for various groups, including older people with limited mobility and adults with learning disabilities.
- After-school/holiday clubs engaging children and fostering their interest in the activities provided.
- A parent and toddler session, providing a supportive environment for parents and young children to interact and learn together.
- A dementia group, creating opportunities for socialization, engagement, and mental stimulation for individuals living with dementia and their carers.

### SKILLS AND EXPERIENCE

You do not need specific skills and experience as training will be provided, but the following will be useful:

- Excellent interpersonal and communication skills to effectively engage with individuals of diverse backgrounds, abilities, and ages.
- Empathy and patience in working with individuals with a range of medical conditions.
- Knowledge or experience in any of the following areas: exercise instruction, STEAM subjects, childhood development, or care of the elderly.
- Ability to work collaboratively in a team and follow instructions from project coordinators.
- Reliable, punctual, and committed to volunteering on a regular basis.

### WHAT WILL YOU GAIN FROM THIS OPPORTUNITY?

- The satisfaction of making a positive impact on individuals and communities, enhancing their well-being and quality of life.
- Valuable experience working in community-based projects and developing your interpersonal and communication skills.
- The opportunity to learn from and contribute to a diverse team of professionals, volunteers, and participants from various backgrounds.
- Enhanced knowledge and understanding of the challenges faced by individuals with various medical conditions.
- A chance to expand your network and build meaningful connections with fellow volunteers, project coordinators, and community members.

### YOUNG PEOPLE AND THIS ROLE

We are proud of having a diverse volunteer base made up of people from different backgrounds and ages. The minimum age for this role is 14 years old.

### ADDITIONAL INFORMATION

- Enhanced DBS check dated within the last five years.

### LEARNING OPPORTUNITIES

We will provide you with ongoing support and training throughout your volunteering, including:

- Full induction
- Health and Safety
- Safeguarding
- Data Protection and compliance.

## SHORT ADVERT/SUMMARY

The Lenton Centre is offering an exciting opportunity for Volunteer Project Support Workers to assist in organizing and delivering various community activities. These include exercise classes and social activities for different groups, such as older people with limited mobility, adults with learning disabilities, a children's after-school science club and a parent and toddler session. While specific skills and experience are not required, excellent interpersonal and communication skills, empathy, and patience are beneficial. Training will be provided, and the role offers the satisfaction of making a positive impact on individuals and communities, valuable experience in community-based projects, and opportunities to learn from a diverse team. This position welcomes volunteers as young as 14 years old, with appropriate consent and safeguarding considerations. Ongoing support and training, including induction, health and safety, safeguarding, and data protection, will be provided.