

VOLUNTEER LIFEGUARD

KEY RESPONSIBILITIES

This is an exciting opportunity to support The Lenton Centre by ensuring the safety of swimmers during public, swim school, and specialist swimming sessions.

As a volunteer lifeguard your duties will include:

- Monitoring and ensuring the safety of individuals in and around the pool.
- Enforcing rules and regulations to prevent accidents and promote a safe swimming environment.
- Performing dynamic risk assessments, identifying hazards, and taking prompt action to address them.
- Responding quickly and effectively to emergencies, providing first aid and CPR.
- Communicating and collaborating with lifeguards, staff, and emergency personnel.
- Maintain incident reports and complete required documentation.
- Performing regular checks of the pool area to identify and address any hazards or safety concerns.
- Assisting with the setup and takedown of pool equipment and supplies.
- Providing excellent customer service by addressing inquiries and providing information to customers.
- Maintaining cleanliness and orderliness of the pool area, including restrooms and surrounding areas.
- Assisting in organising and conducting pool events or activities.

SKILLS AND EXPERIENCE

- Valid NPLQ
- Ability to remain calm and focused in emergencies.
- Strong communication and interpersonal skills.
- Physical fitness, strong swimming ability and reliability.

WHAT WILL YOU GAIN FROM THIS OPPORTUNITY?

- Comprehensive induction, training, and ongoing support.
- Valuable lifeguarding experience and enhanced skills.
- Satisfaction of making a significant impact.
- Development of leadership and teamwork skills.
- Exposure to a diverse environment.

YOUNG PEOPLE AND THIS ROLE

We are proud of having a diverse volunteer base made up of people from different backgrounds and ages. The minimum age for this role is 16 years old.

LEARNING OPPORTUNITIES

We will provide you with ongoing support and training throughout your volunteering, including:

- Regular ongoing lifeguard training – to ensure you have done enough training hours.
- Full induction
- Health and Safety
- Safeguarding
- Data Protection and compliance